

INSTRUCTIONS FOR KNITTING DOUG THE CATERPILLAR DRAUGHT EXCLUDER FROM HOME ENERGY SCOTLAND



YOU WILL NEED

Double knitting yarn:

- ▶ 3 x 50g balls of Sirdar Snuggly dk 0326 Denim (Blue)
- ▶ 1 x 100g ball of Hayfield Bonus dk 0825 Grass (Green)
- ▶ 2 x 50g ball of Sirdar Country Style dk Rosehip (Pink)
- ▶ 2 x 50g balls of Sirdar Country Style dk 612 Maple (Yellow)

You will also need various scraps of grey, blue and rusty brown yarn for the moustache.

These yarns are the colours used for Doug but you could use your favourite colours or use up left over balls of yarn. You can be creative and make him personal to your home and family.

- ▶ One set of 5mm double pointed needles (or circular needle)
- ▶ One set of 4.5mm double pointed needles (or circular needle)

NOTE: Yarn is worked in double throughout. Work in rows until all increases have been worked before joining into a round.

Doug measures 110cm in total but you should knit your caterpillar the length you need to fit your door. Most doorways measure between 80-100cm wide. Doug's body is made from twelve coloured segments so simply reduce the number of segments you knit to achieve the length you require.

STARTING AT THE HEAD

Using 5mm double pointed needles and Denim Blue yarn cast on 5 stitches.

Row 1	Increase in each of the next 2 sts, K1, inc in each of the next 2 sts (9sts)
Row 2	Purl
Row 3	(K1, m1) to last st, K1 (17sts)
Row 4	Purl
Row 5	(K2, m1) to last st, K1 (25sts)
Row 6	Purl
Row 7	Knit
Row 8	Purl
Row 9	(K3, m1) to last st, K1 (33sts)
Row 10	Purl
Row 11	Knit
Row 12	Purl
Row 13	(K4, m1) to last st, K1 (41sts)

Place a marker, join work into a round and work as follows:

Row 14-33	Knit
Row 34	Change to 4.5mm needles and knit one round →



BODY SEGMENTS

Doug's body is made from twelve different coloured segments. Repeat rows 35-52 for each colour change. Doug's colour sequence is: Grass Green, Rosehip Pink, Marigold Yellow, Denim Blue, Grass Green, Denim Blue, Rosehip Pink, Marigold Yellow, Denim Blue, Grass Green, Rosehip Pink and Marigold Yellow for the tail.

Row 35	Change yarn colour, knit one round
Row 36	Purl
Row 37	Change back to size 5mm needles. Knit
Row 38	Purl
Row 39	Knit
Row 40	Purl
Row 41	Knit
Row 42-45	Purl
Row 46	Knit
Row 47	Purl
Row 48	Knit
Row 49	Purl
Row 50	Knit
Row 51	Change to 4.5mm needles and purl one round
Row 52	Knit



NOTE: You may want to sew up the head and start stuffing the body as you go along rather than waiting until the end.

END TAIL SEGMENT

Before beginning the tail segment sew up the head section and fully stuff your caterpillar with wadding. Continue to stuff tail end as you taper off the body.

Row 1	Change yarn colour, knit one round
Row 2	Purl
Row 3	Change back to size 5mm needles. Knit
Row 4	Purl
Row 5	Knit
Row 6	Purl
Row 7	Knit
Row 8-11	Purl
Row 10	*K4, K2tog* repeat to last stitch, K1 (33sts)
Row 11	Purl
Row 12	*K3, K2tog* repeat to last stitch, K1 (25sts)
Row 13	Purl
Row 14	*K2, K2tog* repeat to last stitch, K1 (17sts)
Row 15	K2tog to last stitch, K1 (9sts)

Cut yarn leaving long tail and using a needle thread yarn through remaining stitches on the needle. Pull tight, and secure.

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LEGS

Make four for each body segment and two for tail end (46 for a full length Doug) Using 5mm double pointed needles cast on 9 stitches, (leave enough yarn from cast on to sew leg on to body later). Join into a round.

Row 1	*K1, inc 1, K2, inc 1,*repeat to last 2 stitches, K2 (14 stitches)
Row 2	Knit all stitches
Row 3	Knit all stitches
Row 4	*K2, K2 tog, *repeat to end (7 stitches)

Cut yarn leaving long tail and using a needle, thread yarn through remaining stitches on the needle. Pull tight and secure. Turn your work inside out, you want the wrong side showing to match the body segments. Stuff with wadding and set aside to be sewn on to the main body later.

ANTENNAE

Make two using 4.5mm double pointed needles and Denim Blue yarn, cast on 7 stitches, (leave enough yarn from cast on to sew leg on to the body later). Join into a round.

Row 1-3	Knit all stitches
Row 4	K2, K2tog, K3
Row 5-7	Knit all stitches
Row 8	K3, K2tog, K
Row 9-12	Knit all stitches

Cut yarn leaving long tail and using a needle thread yarn through remaining stitches on the needle. Pull tight and secure. Stuff with wadding and set aside to be sewn on to the main body later.

MAKING UP

Sew four legs of matching colour to the underside of each segment. Sew the two antenna to the top of the head.

MOUSTACHE

Using pins mark the start and finish of a 9cm long line in the centre of Doug's face (about 8cm up from his neck line where you started the first body segment). Doug's moustache is made from random tassels of yarn knotted along this line.

Start by cutting several 7-8cm lengths of yarn in blue, grey and rusty brown colours. Take each length individually and, using a needle, sew into the work. Draw the yarn through to its halfway point; hold both ends of yarn together and tie a knot as close to the face as possible.

Repeat this all the way along Doug's top lip alternating between the three yarn colours. For an extra bushy moustache, make a second line of tassels underneath the first. His moustache should look quite raggedy and fluffy.

Finally find two small black buttons, they don't have to be identical and sew them on for eyes. This will bring your cosy caterpillar to life.

Much love and knitting joy,

Helen Javes

