



Ceabhar Guesthouse and Restaurant

Review service helps business cut company mileage and reduce transport costs

Challenge

Ceabhar, meaning 'fine breeze' in Gaelic, unsurprisingly lends its name to Ceabhar Guesthouse and Restaurant on the Isle of Tiree's west coast, one of the sunniest and windiest spots in the UK.

The business spends approximately £1,500 on fuel costs each year resulting in 2.7 tonnes of CO₂ emissions. Picking up key supplies on the mainland accounts for the bulk of its annual costs. However, with most trips needed for local shopping, Ceabhar considered buying an electric vehicle (EV) to reduce fuel and carbon emissions.

Solution

After speaking to the Energy Saving Trust, Ceabhar received a free sustainable business transport review, which identified savings of more than £1,000 and 2.19 tonnes of CO₂ by purchasing electric or 'best in class' vehicles.

In addition, the review advised that FuelGood driver training could save on annual fuel costs, improve safety and reduce CO₂ emission. It also recommended buying low rolling resistance tyres and regularly checking tyre pressures to reduce fuel consumption.

Result

Owners Duncan and Polly have reduced car usage by 20 per cent by cycling or running for short trips, and making more effective mainland journeys using exterior luggage racking and roof bars - saving £500 and 0.5 tonnes of CO₂ a year (which will improve significantly once they switch to biodiesel).

They also:

- ✔ perform regular tyre checks and will purchase eco tyres in the future
- ✔ intend to develop biofuel recovery using waste vegetable oil from the restaurant
- ✔ would consider buying an EV (if affordable) when they decide to replace their vehicle
- ✔ prioritised making the business as green as possible. They are now Trip Advisor Greenleaders (Platinum) and the vehicle audit was a useful tool that helped during the assessment period.

“The audit was very useful and helped me prioritise changes to make my business as environmentally sustainable as possible. It inspired me to consider switching to biodiesel and divert as many miles as possible from company vehicles by reducing mainland trips for stock. We also run and use the bike where possible, which is better for us and the environment.”

**Duncan Castling, Owner,
Ceabhar Guesthouse and Restaurant**

To find out how Energy Saving Trust can help you cut carbon emissions and save money, visit our website www.energysavingtrust.org.uk/bustrans or email sustainabletransport@est.org.uk

If you would like to speak to a transport advisor in your area please call **0800 0931 669**