

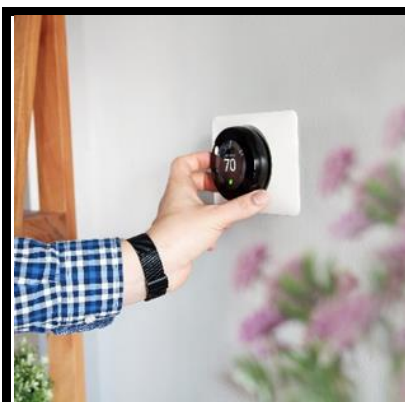


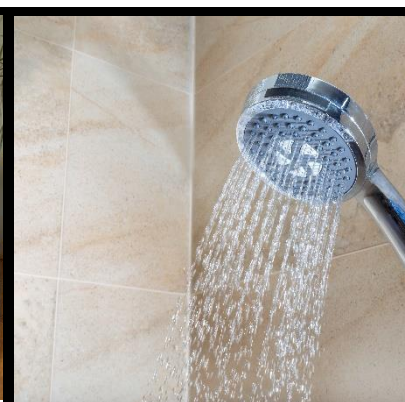

# Schools challenge

Help your pupils to become  
energy saving heroes!

## Class results

Throughout Energy Saving Week please encourage your students to complete the five energy saving activities below. These everyday tasks can help educate your students on saving money and energy at home.

At the end of the week, parents/guardians will provide you with their child's energy saving activity results. Use this sheet to collate the class results for each task. Don't forget to ensure all classes are included in the school's final total.

				
<p><b>Keep warm: Day 1</b></p> <p>Ask a parent to turn down the thermostat by 1 degree for 5 days*</p> <p><input type="text"/></p>	<p><b>Save water: Day 2</b></p> <p>Turn the tap off when brushing your teeth.</p> <p><input type="text"/></p>	<p><b>Save energy: Day 3</b></p> <p>Unplug any electrical items you're not using. Stand by mode still uses energy.</p> <p><input type="text"/></p>	<p><b>Save water: Day 4</b></p> <p>Reduce your shower time by one minute.</p> <p><input type="text"/></p>	<p><b>Save energy: Day 5</b></p> <p>Turn the lights off when you leave a room.</p> <p><input type="text"/></p>

\*Thermostat only needs to be turned down by one degree for 5 days, not one degree daily. If the home occupied by infant(s) or the elderly, do not turn down below 18 degrees.



@EnergySvgTrust #EnergySavingWeek23