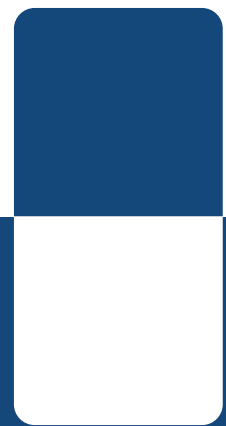


# Energy saving devices and appliances



# Choosing energy efficient technology for your home is money well spent.

## Here's what you need to know:

### Choose the right appliances

Choosing an A-rated fridge freezer over a F-rated could save you about **£50 and 35g of CO2** in energy bills.

Purchasing an A-rated dishwasher over an E-rated dishwasher you can save **£30 and 20kg of CO2** per year.

### LED the way

Replace all bulbs with LED equivalents and save around **£60** a year and **50kg of CO2**.

### Online energy

Laptops use **83%** less electricity over a year than a desktop. Tablets use on average **75%** less power than laptops.

### Be smart with a smart meter

Smart meters could save you money on energy bills every year – Ask your energy supplier to install one in your home.

### Bigger isn't always better

An A-rated 55-inch vs A-rated 65-inch TV could save you around **£25 and 18kg of CO2** per year to run.

### Conditions of use

Savings and statistics within this document can be quoted on any public facing communications such as websites, leaflets, social media, or within internal training and reference documents, provided:

- Energy Saving Trust is referenced as the source
- the figures are not used to insinuate any endorsement of a particular product
- the appropriate caveat is used to accompany the statement (see below)

This document is for use by the registered organisation only. It is not to be circulated externally either to customers, third party contractors or partners.

*Savings based on a typical three-bedroom semi-detached gas heated house, with an 88% efficient gas boiler and average gas tariff of 7p/kWh and electricity tariff of 29p/kWh. Correct as of January 2024.*